

MSAA COMPETITION SAFETY INFRACTION SHEET



TOURNAMENT: _____

DATE: _____

TEAM: _____

DIVISION: _____

Teams must comply with all safety standards outlined in the NFHS Spirit Rules Book. It is the coach's responsibility to know the NFHS and the MSAA Rules. The MSAA is the sole and exclusive source of binding rules interpretations for MSAA sanctioned events. **MSAA interpretations and the rulings of penalty judges are final and binding.**

MINOR VIOLATIONS

Rule	# of Infractions	Comments
Exceeding time limit – Performance (2:30 minutes); Dance (2:15); Game Day (3:00 minutes) Timing will begin with the first movement, voice, note of music, or audio cue, whichever comes first. The timer will allow for a 5-second grace period prior to assessing a penalty.		
Tumbling or stunting off the mat (stepping off is legal)		
Each fall where the flyer's head strikes the mat		
Each cradle where a flyer lands in a prone position		
Each tumbling skill where the tumbler strikes his/her head or face on the mat		
Each time a tumbler kicks, strikes, or tumbles into another participant		
Violation of MSAA Rule/Regulation not listed above		
NFHS Rule 2, Section 1 General, Article _____		
NFHS Rule 2, Section 2 Sportsmanship, Article _____		
NFHS Rule 3 (Cheer)/ 4 (Dance), Section 1 Apparel, Article _____		
NFHS Rule 3 (Cheer)/ 4 (Dance), Section 1 Apparel, Article 3 * Per MSAA, hair must be secured away from the face and shoulders and may not rest on the shoulders of the participant or obstruct the participant's view at any time.		

MAJOR VIOLATIONS – NFHS Rule 3 (Cheer) or 4 (Dance): all other sections

Rule	Page	# of Infractions	Comments
	4-Judge Panel	8-Judge Panel	Subtotal
MINOR	– 1	– 2	=
MAJOR	– 2.5	– 5	=
TOTAL DEDUCTIONS =			

Judge: _____